

Please take note there are always a minimum of 1-2 lanes for Members/Guests to use while other activities are on

This Pool Schedule is subject to change, for more information contact reception.

Day	Time	Club	No. of lanes available
Monday	06:00 – 07:00	Private Club	2 Lanes Available
	07:00 - 08:30	UoG Swim Club	3 Lanes Available
	15:00 - 16:15	Swimming Lessons	2 Lanes Available
	16:30 - 20:00	Private Clubs	3 Lanes Available
	20:00 - 21:30	UoG Club	3 Lanes Available
Tuesday	06:00 - 07:00	Private Club	2 Lanes Available
	07:00 - 08:30	UoG Swim Club	3 Lanes Available
	15:30 - 17:30	Children Swimming Lessons	2 Lanes Available
	17:45 - 19:15	Private Club	3 Lanes Available
	19:15 - 20:00	Private Club	3 Lanes Available
	20:30 - 21:30	Private Club	3 Lanes Available
Wednesday	06:00 - 07:00	Private Club	3 Lanes Available
	07:00 - 08:30	UoG Swim Club	3 Lanes Available
	09:00 - 10:30	Private Club	2 Lanes Available
	15:00 - 18:00	Children Swimming Lessons	POOL CLOSED NO LANES AVAILABLE
	18:30 - 19:30	Private Club	3 Lanes Available
	19:30 - 21:30	Private Clubs	4 Lanes Available
Thursday	06:00 - 07:00	Private Club	2 Lanes Available
	07:00 - 08:30	UoG Swim Club	3 Lanes Available
	09:00 - 09:45	Private Club	2 Lane Available
	10:00 - 10:40	Private Clubs	3 Lanes Available
	11:15 - 12:00	Private Clubs	2 Lanes Available
	15:30 - 16:45	Private Club	3 Lanes Available
	15:30 - 16:45	Private Club	4 Lanes Available
	18:30 - 21:00	Private Club	3 Lanes Available (4 Lanes Available 19:30)
Friday	06:00 - 07:00	Private Club	2 Lanes Available
	07:00 - 08:30	UoG Swim Club	3 Lanes Available
	15:30 - 18:15	Children Swimming Lessons	2 Lanes Available (3 Lanes Available 17:30)
	18:30 - 21:00	Private Club	3 Lanes Available
Saturday	09:30 - 12:15	Children Swimming Lessons	2 Lanes Available (3 Lanes Available 11:30)
	12:30 - 17:00	Private Clubs	4 Lanes Available (1 Lane Available from 14:30)
Sunday	09:30 - 12:15	Children Swimming Lessons	2 Lanes Available (3 Lanes Available 11:30)
	12:30 - 15:30	Family Pool Time	3 Lanes Available
	12:30 - 17:00	Private Club	3 Lanes Available (4 after 15:30)